

REAL GOAL OF OUR LIFE

Offering at the lotus feet of Srila Gurudeva Yuga Acharya Srila
Narayana Goswami Maharaja

Author
Dr. Bhagavati Kanti Dasa Ph. D
(Disciple of Yuga Acharya Srila Narayana Goswami
Maharaja)

Publication: GOKUL PUBLICATIONS
First Edition
Version 1.0, Nov 14, 2025

Web: gokulbhajan.com
purebhaktibase.com

Youtube: youtube.com/c/bkdasa
Facebook: facebook.com/gokulbhajan

Phones: INDIA: +91 95979 69492
NIGERIA: +234 902 577 1076
NIGERIA: +234 816 504 7397

One God
No Caste, No Color, No Creed, No Religion.

Only one mantra – the supreme Maha Mantra

hare krsna hare krsna
krsna krsna hare hare
hare rama hare rama
rama rama hare hare

Table of Contents

Introduction.....	3
So Many Goals!.....	4
1. Karmi.....	5
2. Jnani.....	5
3. Yogi.....	5
Every Material Goal Ends With Sorrow.....	6
The Only Real Goal of Our Life.....	9
Setting The Eternal Goal.....	10

Introduction

Gokul Bhajan Gaudiya Matha (GBGM) is a unique non-profit service organization to spread Krishna Consciousness everywhere in this world. It has no affiliation or control by any other organization.

Our only goal is to practice pure bhakti under the footsteps and lineage of Yuga Acharya Srila Bhaktivedanta Narayana Goswami Maharaja, the Six Goswamis and Guru Parampara coming under the lineage of Lord Sri Caitanya Mahaprabhu.

This small book has been written specifically for those who are so curious to know the real goal of our life and know deeper truths and secrets.

This book is submitted as an offering at the lotus hands of Srila Gurudeva Yuga Acharya Srila Bhaktivedanta Narayana Goswami Maharaja begging him for his causeless mercy upon us to become pure devotees and develop pure love for the Supreme Lordship Sri Radha Krishna Yugala.

Jai Srila Gurudeva!

Jai Srila Prabhupada!

Dr. Bhagavati Kanti Dasa Ph. D

So Many Goals!

In this world, we see many varieties of living beings – moving and non-moving. However, every living being has a goal in their lives. Everyone is different. While everyone has goals, they can be classified into three types:

1. Temporary Goals (Naimitika Dheya)
2. Long Term Goals (Bahu Dheya)
3. Eternal Goal (Nithya Dheya)

The temporary goals are short term aspirations that vary by daily basis or as the situations change. They are not everlasting. Once achieved, one moves to another goal and so on.

Long term goals are relatively permanent in nature for this worldly life. An example is to get a degree and settle in a desired job and enjoy by earning. While these goals take relatively longer term to achieve, after achieving one may desire with other long term goals.

But there is one goal that is not related to this world at all. It is related to the soul (atma) and is pertained to the spiritual life.

As we see all over, the entire world is running after the temporary goals. Hardly anyone really thinks about who we are, why did we come to this world, and what are we supposed to do here. If we do not ponder over this, there is no difference between an animal and us. A dog has the goal of running after food, eating and enjoying it, and running after a female dog and so on. If our goal is also like that of an animal such as eating, sleeping, mating and defending, then how can we say that we are more intelligent than an animal?

To this perspective, Vedic Wisdom comes to our rescue. Any goals that anyone in this world have in this life can be

classified into three categories:

1. Karmi

While most of the people fall into this category, their goals are mainly to work or do something and enjoy and trying to be happy in their lives. Here are some examples:

1. Study, get a job, earn and live happily
2. Make big family and live happily with them
3. To become a beautiful person and be happy
4. Earn lot of wealth and live in luxury and be happy
5. Become famous and praised by everyone and be happy
6. Become free to do whatever I want and to be happy
7. Go to heaven and enjoy and be happy there

2. Jnani

1. To know about everything in this world and be happy
2. To know about God and spiritual worlds and be happy
3. To know about oneself (atma) and thus be happy
4. To learn all the books and scriptures and be happy

3. Yogi

1. Get siddhic powers, show miracles and be happy
2. Become immortal or live for a very long happy life
3. Go to Siddha Loka or mystic worlds and be happy

Here we should note a very important point. In all the goals we set, the ultimate goal is to be happy. However, are we really happy by achieving these goals? The answer is no. While achieving the heaven is temporary and merging in brahman is just cessation of miseries, none of the above goal can give permanent supreme happiness. In this world what we have little flickering happiness but with so much of miseries! The fact is that none of the above goals can make us really happy because we will be going through so many repeated births, diseases, old ages and deaths. We have

been wandering over innumerable planets – ‘brahmande bhramite kona’. In every birth and life we had been setting goals and all they have simply vanished and became meaningless while we get only sufferings.

Vedic Wisdom says that it is impossible to be happy in any of the innumerable material worlds that we have been wandering over. There will be inherent problems by our body and mind (atyatmika), by other beings (atibhautika) and by nature (atidaivika). So, unless we aspire for a superior or eternal goal (Nithya Dheya) we can never be permanently happy.

Every Material Goal Ends With Sorrow

In the Mahabharata, Yamaraja the god of death is asking Maharaja Yudhisthira, "What is the most amazing thing in this material world?" and Yudhistira replies:

"Irrespective of their unlimited material goals, day after day countless living entities in this world only suffer and go to the kingdom of death. Still, those who remain aspire for a permanent situation here with so many goals in this very temporary world. What could be more amazing than this?"

But do people realize this? No! They are dragged by their senses to enjoy this world as much as they can. People set so many goals. They want diamonds, pearls, rubies, emeralds, sports, big houses, costly cars and so on because they hope that it is going to satisfy their desires and work like donkeys to get money to buy those. But what they do not realize is that these can't save them from old age, disease and death. Every day, we are advancing one step closer to our grave yard that is waiting for us!

What is this life? Why do people have so many problems and

diseases? Why are there so many diseases in this world? Why does everyone in this world eventually cripple into old age and then die? Why can't we make this world with a goal of making everyone 'disease free' so that no one would die! In fact, many scientists promised that! But they all have died!

The Supreme Lord Sri Krishna put diseases and so many miseries in the material life for a purpose. That is for the jivas to get frustrated in their material lives and go back to His abode! Otherwise they will never want to go back to their eternal real spiritual home! This is the truth behind. So, all our so called goals are simply useless.

Even though we boast ourselves that we have controlled many deadly diseases, the fact is that according to the record of diseases, newer and newer forms of diseases are getting added to the database. Nowadays mental diseases, addiction and depression are alarming.

The fact is that birth, disease, old age and death cannot be conquered. It is the nature of this world. Even in the heavenly planets, all these four miseries are there. In the heavens they are even making all efforts like churning the milk ocean and making nectars, etc to live forever. But the fact is that they are only able to extend their lives a little more longer but they all surely die. Even above the heavens in the Brahma Loka which is the top of this material world, there is birth, disease, old age and death. So, even Lord Brahma has to die! But we think we will never die and set so many goals to be happy!

Where can we find that place with no birth, no disease, no old age and no death? The permanent happiness without any of these four miseries is found only in the spiritual planets such as Vaikuntha and above. So, our real goal should be to attain the spiritual world. In Gita, Lord Krishna says this:

"That supreme abode is not materially manifested (ie. spiritual) and infallible, and it is the supreme destination.

When one goes there, he never comes back. That is My supreme abode."

So, in every material world, we will find only birth, disease, old age and death. There is no permanent happiness here. Then, why are we standing in the line for medicine to cure our diseases and to live longer? This is what Sri Kulasekha Alwars calls us as "Fools".

He says: "This body's beauty is fleeting, and at last the body must succumb to death after its hundreds of joints have stiffened with old age. Where will be your beauty? So why, bewildered fool, are you asking for medication? Just take the Krishna elixir, the one cure that never fails."

We may be standing in the queue for medicine, but these medicines are not going to cure real diseases - birth, disease, old age and death.

Our body and mind themselves are the sources and targets for our diseases. But then why are we not recognizing this and working on a real remedy. We spend all our time studying nonsense, playing the nonsense, talking nonsense and doing nonsense! And then we say that there is no time to chant! We have completely forgotten about Lord Krishna and forgotten about our real goal of our most rare human birth. This is what Sri Kulasekhara Alwar is saying as the greatest wonder in human society.

"The greatest wonder in human society is this: People are so ignorant that they reject the life-giving nectar of Supreme Lord's holy names and instead drink poison by speaking about everything else and setting so many goals! They are all rascals! What a shame!"

So, what is the one and only disease? Forgetting Supreme Lord Krishna is the one and only disease! And what is the one and only goal to cure that disease for ever?

The Only Real Goal of Our Life

Any goal we set in this world and trying to live happily in this world never worked for anyone in the entire history. The reason for our endless miseries is that we are trying to make ourselves happy. So, we are utterly selfish and thus cheated instead.

The Vedic Wisdom gives us a topmost truth for us. It says, "Instead of you trying to be happy by yourself, make the Lord be happy instead. By doing this, your happiness is eternally guaranteed and is the one and only permanent solution."

That process making Lord Krishna happy is called Pure Bhakti Yoga. Pure Bhakti yoga involves prayer, chanting, worship, and meditation to connect with the divine and transmute emotional energy into a higher purpose. This path is suited for those who desire for eternal peace and a permanent connection to the Supreme God Sri Krishna.

śravaṇaṁ kīrtanaṁ viṣṇoḥ
smaraṇaṁ pāda-sevanam
arcanaṁ vandanaṁ dāsyam
sakhyam ātma-nivedanam (Srimad Bhagavatam 7.5.23)

"The nine processes of bhakti yoga are: Hearing about the Lord, His pastimes, Gunas, chanting His holy names, always remembering Him, serving His lotus feet in deity forms, worshipping Him, offering prayers, being a servant, being dear, and offering one's soul itself to the Lord."

Setting The Eternal Goal

Instead of making so many useless goals after goal wishing to be happy and healthy, and standing in the queue to get medicines to cure the material diseases, the Vedic Wisdom says about that supreme goal. It says that one should take shelter under a self-realized Guru and follow the Pure Bhakti Yoga. One must be chanting the holy names of Supreme Lord Sri Krishna which is the one and only medicine!

It says that instead of setting so many useless goals in our lives but only end up in suffering, why don't we make a completely different and amazing goal of making Krishna happy? That is the real and promising goal that satisfies our soul and surely give us the permanent happiness. What is that pure bhakti yoga?

anyābhilāṣitā-śūnyam
jñāna-karmādy-anāvṛtam
ānukūlyena kṛṣṇānu-
śīlanam bhaktir uttamā ... (C.C. Mad. 19.167)

“Uninterrupted loving service without any desire of jnana or karma but aiming only to give happiness to Krsna, is pure bhakti.”

So, please adopt to the pure bhakti yoga and start by chanting the holy names of Supreme Lord Sri Krishna with the following maha mantra and be happy always!

hare krsna hare krsna
krsna krsna hare hare
hare rama hare rama
rama rama hare hare

Thank you!